



**National
Association of
Neonatal
Nurses**

NEWS RELEASE

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**New Professional Publications and Transfer Poster Offered by
National Association of Neonatal Nurses**

The National Association of Neonatal Nurses (NANN) has published *Peripherally Inserted Central Catheters: Guideline for Practice, 2nd Edition* and *Pain Assessment & Management Guideline for Practice, 2nd edition* – both valuable guidelines that support professional nursing practice. NANN also offers a new laminated *Kangaroo Care Transfer Techniques Poster* with clear instructions for neonatal nursing units. All three educational products are designed to guide nurses as they master the field and are available on the NANN website www.nann.org.

Peripherally Inserted Central Catheters (PICC) Guideline, the only guideline specifically targeted to infants with PICCs, defines criteria for educational competencies for nurses inserting and maintaining PICCs, and presents criteria used to select infants and techniques for inserting a catheter. The guideline also addresses topics such as identifying and managing complications, and learning strategies for daily maintenance.

This 72-page publication describes practices currently accepted and documented by neonatal care experts and is intended to provide a foundation for specific nursing protocols, policies, and procedures developed by individual institutions. Several tables outline the procedure and full-color figures illustrate veins that serve as PICC insertion sites. Cost to NANN members is \$55.00; the nonmember price is \$40.00.

Pain Assessment & Management Guideline for Practice is an outline of pain assessment and management practices that are accepted and documented by experts in neonatal care, and are based on best evidence for infant nursing care. Although broad in scope, this guideline provides a foundation for specific nursing protocols, policies, and procedures that were developed by individual institutions. Topics covered include:

- Education and competency validation
- Pain assessment techniques
- Nonpharmacologic and pharmacologic therapies to control or prevent pain
- Development of a pain management plan that includes all members of the healthcare team and the infant's family
- Documentation of pain assessment and management practices
- Establishment of policies and procedures
- Institutional considerations for monitoring the appropriateness and effectiveness of pain management practices

The 30-page guideline is free to members; nonmembers pay \$20.00.

Kangaroo Care Transfer Techniques Poster clearly and concisely outlines the transfer procedure for the ventilated infant receiving kangaroo care. Designed as a useful tool for nursing units, the colorful poster illustrates the steps recommended for before transfer, for transferring the infant from the incubator into kangaroo care position, and from ventilated kangaroo care back to the incubator. Instructions are also provided for both a sitting transfer and a standing transfer. The laminated poster measures 13 inches by 19 inches and is available to NANN members for \$15.00 and to nonmembers for \$20.00.

Founded in 1984, the National Association of Neonatal Nurses (NANN) represents the community of neonatal nurses that provides evidence-based care to high-risk neonatal patients. NANN is recognized as the expert voice that influences standards of practice through advocacy, collaboration, and leadership. A professional nursing society, it supports its members by enabling them to alleviate suffering and protect, promote and restore health to infants and their families. It sponsors an annual conference and publishes *Advances in Neonatal Care*, a bimonthly peer-reviewed, medical journal. NANN is headquartered in Glenview, IL. For more information, visit our Web site www.nann.org.

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